La Iancu

Romanian tradition since 1999

din familia TASTE 4 STORIES

COLD STARTERS

TRADITIONAL PLATTER *for 2* — 60
Mashed white beans, zacuscă and aubergine salad, with boiled egg and cheese, served with flatbread 650g

AUBERGINE SALAD — 33
Fire-roasted aubergine, chopped with onion and oil, with a light smoky taste 180g

TRADITIONAL ZACUSCĂ — 33
Homemade vegetable spread of aubergine, kapia peppers and tomatoes, cooked slowly over a low flame 180g

CARP ROE SALAD — 30
Carp roe whipped with oil, served with onion and ciabatta 160g

PIKE ROE SALAD — 46
Finely whipped pike roe with oil and lemon juice, served with ciabatta 160g

MASHED WHITE BEANS — 29
White beans mashed with garlic and oil, with caramelised onion and paprika 200g

PORK CRACKLING SPREAD — 37
Finely ground pork cracklings with red onion and toasted bread 150g

SOUPS

BEEF SOUR SOUP — 36
Tangy soup with beef, vegetables and lovage 400g

TRIPE SOUP — 39
Creamy tripe soup with garlic, sour cream and hot pepper 400g

ROOSTER BORȘ — 36
Romanian sour soup with tender rooster meat, vegetables and lovage 400g

BEAN SOUP WITH SMOKED PORK — 36
Beans, smoked pork, vegetables and tarragon, with red onion salad on the side 400g

MEATBALL SOUR SOUP — 36
Tangy soup with meatballs, vegetables and lovage 400g

CREAM SOUP OF THE DAY — 33
Made every day from seasonal vegetables. Ask your waiter what we have today 350g

FROM THE GRILL

LAMB CHOPS — 107
Tender lamb chops marinated with aromatic herbs, served with new potatoes with garlic and dill 380g

HOUSE MICI — 56
Juicy grilled minced-meat rolls, house recipe, with fries, pickles and mustard 3 pcs/400g

HOUSE SAUSAGES — 62
Juicy Pleșcoi sausages, browned on the grill, with fries and mustard 450g

GRILLED PORK NECK — 70
Marinated pork neck, tender and juicy 450g

GLAZED PORK RIBS — 91
Tender ribs glazed with sweet-spicy BBQ sauce, with butter-roasted potatoes 600g

PORK CHOP — 81
Bone-in pork chop, tender and juicy, with roasted potatoes 500g

GRILLED CHICKEN THIGHS — 42
Chicken thighs marinated with herbs and spices 250g

GRILLED TURKEY BREAST — 70
Light and tender, marinated with aromatic herbs and topped with parmesan 300g

GRILLED BEEF TENDERLOIN — 142
Tender beef tenderloin with truffle mash 350g

HOT STARTERS

CRISPY PORK CRACKLINGS — 60
Crispy pork cracklings with mixed pickles and polenta 460g

BULZ WITH CHEESE, BACON AND EGG — 50
Polenta filled with cheese, crispy bacon and egg, baked in the oven 300g

HOMEMADE MEATBALLS — 40
Homemade meatballs, golden outside and tender inside, made to our recipe 250g

PORCINI STEW — 60
Wild porcini mushrooms gently cooked in a sour cream sauce, with fresh dill and truffle polenta 500g

BREADED PARIZER — 54
Slices of Romanian parizer in a crispy crust, with fries and sauces 350g

PEASANT OMELETTE — 32
Pan-fried eggs with sausages, cracklings, spring onion and burduf cheese 280g

ROMANIAN DISHES

PORK KNUCKLE WITH CRISPY RIND — 101
Smoked pork knuckle, roasted until the rind turns crispy, with braised cabbage and polenta 800g

CHICKEN CIULAMA — 66
Chicken breast in a sour cream and mushroom sauce, with polenta 400g

MUTTON PASTRAMI — 87
Tender, well-browned mutton pastrami, served with polenta and garlic sauce 600g

CAULDRON CHICKEN — 60
Half a chicken braised in a cast-iron pot, with polenta and garlic sauce 400g

SPICY PAN — 66
Browned meat cooked in a spicy sauce, with primavera rice 400g

BEEF GOULASH — 53
Beef cooked slowly with onion, peppers, potatoes and paprika 400g

POMANA PORCULUI — 65
Pork fried in lard, with garlic, polenta and pickled bell peppers 500g

CHICKEN LIVERS WITH POLENTA — 49
Chicken livers pan-fried with onion and garlic, served with polenta 450g

BEEF TAGLIATA — 111
Browned slices of rib-eye, marinated and pan-cooked, with fries, egg, garlic and parmesan 400g

PLATTERS *for 4 people*

LA IANCU PLATTER — 377
Mici, mutton pastrami, cracklings, chicken thigh, pork ribs, fries, pickles and sauces 2000g

TRADITIONAL COLD PLATTER — 275
Breaded cheese, smoked sausages, cold cracklings, boiled egg, vegetables, telemea, cooked ham, Mangalița bacon, olives and meatballs 1800g

ȘPRIȚ PLATTER — 265
Goat cheese, parmesan, Gorgonzola, Brie, spicy Ventricina salami, olives, walnuts and grapes 1000g

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FISH

CATCH OF THE DAY
Freshly selected fish, simply prepared – salt-baked, on the griddle or fried – to keep its taste ***price per 100 g, depending on the type***

CARP IN BRINE 76
Browned carp served in a fragrant brine with tomatoes, roasted peppers, garlic and herbs, with polenta 450g

FRIED TROUT 76
Fried trout fillet served with creamy truffle polenta 300g

CORNMEAL-FRIED CARP WITH GARLIC SAUCE 66
Carp coated in cornmeal, fried golden, served with polenta and garlic sauce 450g

SIDES

FRENCH FRIES 22
Golden fries, crispy outside and soft inside 200g

MASHED / ROASTED POTATOES 22
Potatoes your way – creamy butter mash or well-browned roasted 200g

RICE WITH VEGETABLES 22
Rice with vegetables, simple and fragrant 200g

GRILLED VEGETABLES 30
Seasonal vegetables, browned on the grill 200g

BRAISED CABBAGE 22
Slowly braised cabbage with tomatoes and spices 200g

SALAD OF YOUR CHOICE 22
White cabbage, seasonal salad, mixed pickles, roasted peppers or green salad 150g

FROM OTHER PLACES

TURKEY SCHNITZEL 70
Tender turkey breast in a golden, crispy seed crust 250g

VIENNESE BEEF SCHNITZEL 111
Tender beef in a crispy breadcrumb crust, fried Viennese-style, with tomato salsa 450g

CHICKEN SCHNITZEL 50
Chicken breast in a crispy breadcrumb crust, fried until golden 250g

IANCU'S BURGER 66
Beef burger with cheddar, romaine lettuce and sauces, in a toasted bun, with fries 640g

PARIZER BURGER 52
Chicken parizer browned in butter, Cheddar, roasted kapia pepper and creamy mayo-Dijon sauce, with fries 380g

SPAGHETTI BOLOGNESE 60
Spaghetti with a rich sauce of beef, tomatoes and vegetables, finished with parmesan 350g

SPAGHETTI CARBONARA 60
Browned guanciale, Pecorino Romano, parmesan, egg yolk and freshly ground pepper 350g

PENNE WITH BEEF AND PORCINI 81
Penne with beef, porcini and onion in a creamy tomato and sour cream sauce with parmesan 350g

GREEK SALAD 50
Tomatoes, cucumber, peppers, red onion, olives and feta, with olive oil and oregano 400g

CAESAR SALAD 50
Romaine lettuce, grilled turkey breast, croutons, parmesan and Caesar dressing 400g

TURKEY SCHNITZEL SALAD 50
Fresh salad with vegetables and crispy strips of turkey schnitzel 400g

PIZZA

PIZZA DELLA CASA 60
Smoked sausage, salami, olives, mushrooms and peppers over mozzarella and tomato sauce – our pizza, with everything 550g

PIZZA PROSCIUTTO E FUNGHI 56
Ham, mushrooms and mozzarella on tomato sauce – the simple, good classic 500g

PIZZA DIAVOLA 56
Spicy salami and peperoncino, with mozzarella and tomato sauce – for a taste of heat 550g

PIZZA QUATTRO FORMAGGI 60
Mozzarella and plenty of cheeses, melted together 450g

PIZZA CARNIVORA 50
Meat and cold cuts, mozzarella and tomato sauce – rich, golden and full of flavour 550g

PIZZA QUATTRO STAGIONI 56
Ham, salami, mushrooms and olives, with mozzarella and tomato sauce – a little of everything 550g

PIZZA VEGETARIANA 50
Vegetables, mozzarella and tomato sauce – no meat, but everything it needs 550g

PIZZA MARGHERITA 50
Tomato sauce, mozzarella and fresh basil – simple, as it should be 500g

DESSERTS

PAPANAȘI WITH JAM *Fluffy cheese doughnuts with sour cream and blueberry jam 250g* 49

PANCAKES *Thin pancakes with your choice of chocolate, jam or ice cream 200g* 39

APPLE STRUDEL *Golden strudel filled with spiced apples and cinnamon, with vanilla sauce 300g* 49

BRAȘOV-STYLE PANCAKES *Pancakes filled with sweet cheese and raisins, baked in the oven 400g* 49